

Days	Date	What	Where	When	Milage (km)
Day 1 – Wednesday	15-Nov	Retail Awareness Session N1	Fujairah - MOHRE office	10 am - 5 pm	
Day 2 – Thursday	16-Nov	Relay cycling	From Fujairah to RAK	5.30 am – 9.30 am	100
	16-Nov	Retail Awareness Session N 2	RAK - MOHRE office	10.30 am - 5 pm	
Day 3 Sunday	19-Nov	Relay running and cycling	From RAK to UAQ	5.30 am - 9.30 am	48 K
	19-Nov	Retail Awareness Session N 3	UAQ - MOHRE office	10 am - 5 pm	
Day 4 Monday	20-Nov	Relay running	From UAQ to Ajman	7.30 am - 9.30 am	18 K
	20-Nov	Retail Awareness Session N 4	Ajman - MOHRE office	10 am - 5 pm	
Day 5 Tuesday	21-Nov	Relay running	From Ajman to Sharjah	7.30 am - 9.30 am	18 K
	21-Nov	Retail Awareness Session N 5	Sharjah - MOHRE office	10 am - 5 pm	
Day 6 Wednesday	22-Nov	Relay cycling running	From Sharjah to Dubai	6.30 am - 9.30 am	40 K
	22-Nov	Retail Awareness Session N 6	Dubai – MOHRE office	10 am - 5 pm	
Day 7 Thursday	23-Nov	Relay cycling and running	From Dubai to MOHRE Abu Dhabi	5 am - 10 am	90 K
	23-Nov	Retail Awareness Session N 7	Abu-Dhabi - MOHRE office	11 am - 5 pm	